

21st Century Skills Self-Assessment

REFLECTION AND AWARENESS

Metacognition (Thinking About Our Thinking)

- Know what you know and know what you don't know
- Know what to do and when to do it
- Be conscious of the steps and strategies during the act of problem solving
- Develop a plan of action, remember that plan over a period of time, then reflect back and evaluate the plan upon its completion
- Be aware of one's actions and the effect of those actions on others and on the environment
- Shift gears if a plan isn't working
- Explain your thinking and the strategies used while making decisions



Reflect and Synthesize

- Reflect critically on experiences in order to avoid repeating mistakes and to inform future progress
- Synthesize and make connections between information and arguments
- Identify those "Aha Moments" when something finally clicks



